



M. I. T. OUTING CLUB

STUDENT CENTER, ROOM 461

MASSACHUSETTS INSTITUTE OF TECHNOLOGY
CAMBRIDGE, MASSACHUSETTS 02139
617-253-2938



We meet Mondays and
Thursdays 5:00-6:00



*to new
MIT and
Wellesley
students*



Welcome to the Boston area. If you want to have fun outdoors while you're here, join us at the MIT Outing Club. We run weekend and holiday trips to the cliffs, mountains, rivers and bike paths of New England and elsewhere. We also teach outdoor skills (listed below), sponsor films, slide shows and speakers on outdoor subjects, and rent canoes and camping equipment cheaply. We own two cabins in New Hampshire, where you can stay when you go to the White Mountains. They make excellent bases for hiking, skiing and climbing trips, and cost only \$2.00/night for club members. Unlike most organizations at MIT, we include students of all ages and several colleges, faculty, staff and alumni. You'll learn to love the outdoors, weather, scenery and fresh air, and the relief of getting away. You'll learn skills that will entertain and help you the rest of your life. *Most important*, you'll meet friends of all ages and walks of life, who know and appreciate the outdoors. *Come and check us out.*

What kinds of trips do we take? All year round, we go hiking and backpacking. Depending on the season, we also go canoeing (flatwater and whitewater), cycling, climbing (rock or ice), or cross-country skiing. Trips range in length from 1-day excursions to week-long winter expeditions, and it is not unusual for club members to get together and plan longer trips for summer or IAP (Independent Activities Period, in January.) We have several "traditional" trips we take every year. They include a 3-day trip to Acadia National Park in Maine on Memorial Day weekend, autumn foliage trips at the appropriate weekend for peak season in the Mt. Washington Valley, Thanksgiving weekend feasts in the woods, and a traverse of the Northern Presidential range in the White Mountains over Washington's birthday weekend [the third weekend in February.] Also traditional is a "circus" held over Columbus Day weekend, where members of other outing clubs (such as Wellesley, Rutgers, Smith, Mt. Holyoke) join us at and around our cabin in Intervale N.H. We often take rock climbing trips to the Shawangunks in New York and to Seneca Rocks, West Virginia (over spring vacation) and ice climbing on Frankenstein Cliffs in New Hampshire. We're active over the summer too.

But trips are not restricted to traditional standbys or things led by "older" members of the MIT community. Newcomers can lead them too, and any season *except winter* can post a sheet listing time, destination and planned activities on our sign-up board. That's a good way to attract people with cars to take you where you want to go. **Winter trips:** We have an accreditation program for leading winter trips [involving mountaineering first aid and demonstrated knowledge, stamina and judgment on several winter outings.] People with previous winter mountaineering experience can become leaders by February of their first year here, and even beginners can go to Winter School and learn to have fun in the wilderness by the start of their second term. **Safety:** We place a high emphasis on safety, both in teaching (see below) and practice. Outing Club trips have a virtually injury-free record over many thousands of hours of mountain experience.

What we teach: Some things depend on season, such as whitewater canoeing (spring), rock climbing (fall and spring) and ice climbing, cross-country skiing and winter camping (winter). Also, a fair amount of instruction happens naturally in the course of our trips, ranging from bicycle repair to camping. But we also have established courses you can get in on.

First Aid: We run American Red Cross certified first aid classes, both standard and advanced, with special emphasis on patient management in remote locations and extreme climates. We have **already scheduled** a standard class for this fall, namely Tuesdays and Thursdays, 6:30 to 9:30 PM, starting September 17, 1985 and lasting four weeks. Later in the year we'll teach an advanced section. There will be a CPR course in between. *If you're interested, inquire at the club during regular meeting hours, or talk to us at the activities midway.*

